Monday 9 February, 2015

**From the Principal:**

Our parent and teacher meet and greet afternoon is this Tuesday, 10 February from 3.15 pm. I look forward to seeing many parents at this annual introductory event.

Many thanks to a previous parent of our college, Michelle, who has donated two trumpets and a clarinet to our instrumental music program. Pat Collis, our instrumental teacher, had only last week spoken to me about trying to get some more instruments as supply might outstrip demand this year. Thanks Michelle, Kaitlin and Lauren for your generosity. The students who get to use these instruments will be extremely appreciative.

Student leadership nominations closed last week. Secondary students have been asked to prepare a 2 minute speech persuading their peers as to why they should be given a position. They will present their speeches to the secondary cohort on Friday after assembly in the resource centre. The four year six students who have nominated for school captain, will present their speeches to 4/5/6 K and 6R after assembly in the under-cover area. Staff have been asked to consider all nominations before they vote.

Investiture of the successful school leaders will be held in the Neil Mahony Building on Friday 20 February at 9 am. The school leaders and their parents will then be invited to share morning tea before students return to their usual school routine.

Our new crossing supervisor, Rachel Dynes, commences this week, working on a week about basis with Jill, other than when Jill takes holidays towards the end of term when Rachel will be here each week until Jill returns.

Pat Cale and Bruce Dahl are again leading the art competition for students at our college from Years 6 to 10. This is the third year in a row that this wonderful opportunity has been supported by Mary Valley Arts Link. Entry forms are available this week from Miss Watson, Mrs Kurtz and Mr Reed. Entry forms must be returned to the office by COB 27 Feb. Nominating to be part of the competition indicates your commitment to producing one to four pieces of art work for your portfolio to be considered and it also indicates that you will be available for the two day workshop on 13 and 14 June, should you be selected as one of the three winners.

Art works must be completed and delivered to the art room on the secondary campus by 9 am on 1st June for assessment by the judges. After the three winners have been selected and participated in the two day workshop, 1st, 2nd and 3rd places will be determined with 1st place receiving the trophy and $100, 2nd place $60 and 3rd place $40. Awards will be announced and presented to the winners on Friday 26 June at the usual college assembly.

Jenny Kent, Principal
From the secondary campus

Nominations for leadership roles within the Secondary campus have now closed. Those who have nominated will present a brief speech outlining their vision in fulfilling the role for which they have applied. This will occur on Friday 13th February in front of the Secondary students before leadership roles are decided. A special leader induction parade will be held on Friday morning the 20th February to announce our 2015 leaders.

I would like to acknowledge the responsibility that secondary students are taking in being prepared for school, bringing notes when required and coming in full school uniform. There is still room for improvement, however, overall it has been an excellent start to the year in the secondary campus. I would also like to congratulate Cheyne for achieving the hi-5 award for this week.

Miss Watson Acting Head of Department

SWPBS this week

Our SWPBS lessons last week were all about being responsible each day and prepared for learning. Students were encouraged to time how long it was taking to transition from one lesson to another. We found that when we have our tidy trays organised, our bags packed with all the belongings we need for the day we were much more efficient at transitioning into another lesson. We also discussed the importance of coming to school with what we need for specific days such as, swimming gear, sun safe hat, homework and home readers.

Sizzling Starts

Year 4/5/6 have been working on Sizzling starts. A sizzling start needs to hook the reader to keep on reading. We hope you enjoy our sizzling starts.

Okay, I want to get a good one. Ow! Ow! Ow! I am on fire but I need to get that picture. By Ty

I was walking the dog along the beach when he started to run away into the cliff. “No stop Trevor!” I shouted. I started to walk into the cliff and smack bang, in front of me, there was a crystal, a three metre high crystal.

By Will J

Scared and anxious to get out of the balloon, thunder everywhere, I jump! By Trent

On Monday, I went to a chocolate factory. Mrs Kurtz was showing us a machine when I said, “Bertie, hey Bertie! Mrs Kurtz, Bertie’s swimming in chocolate again!” By Jordan

Crystals everywhere! I hear monsters! I run, but, I have forgotten the way back!

By Ruby

Aohhh! I yawn and go downstairs for breakfast. My brother is screaming. I don’t know what he is screaming about, but, then I turn around. AHHHHHHH!

By Caitlin C

Lightning strikes straight through the village. I’m up on a mountain watching it, people are screaming. I can’t stand to watch the destruction. I lean back, a sharp rock is stabbing into my back. I’m scared and the storm is heading towards me!

By Heath K
HOT SHOTS TENNIS COACHING
Gympie and District Tennis Association Coach Matt Watkins will commence the Hot Shots Coaching program on Tuesday 17th February at Mary Valley State College. Lessons will be held Tuesday lunchtimes from 11.00am to 11.40am for a minimum block of 7 weeks. Costs have been reduced for Term 1 only to $35.00/pupil. (This is half price). Loan racquets are available each week. Please return this completed form to the office or contact Matt by Tuesday 17th February.

Name……………………………Age…. Grade…..
Phone/s………………………………………………
Parent/Guardian Signature……………………………
Email…………………………………..

For more information phone Matt Watkins 0417070129.

ALL PLAYERS WHO SIGN UP WILL RECEIVE THE ALL NEW HOT SHOTS TENNIS SHIRT.

Cash payment or Cheques payable to Brett Cottrill please.

Direct Deposit: B A COTTRILL BSB 014585 ACCT 583359786 students name as reference.

Note: A new Hot Shots challenge will be starting at the Imbil Tennis Club from Monday 16th February. Cost is $10 for the 5 week challenge which includes junior membership at the club. Red Ball Group (ages 5-7) 3.15 to 3.45pm, Orange Ball Group (ages 8-10) 3.45pm to 4.30pm and Green Ball Group (ages 11 up) 4.30pm to 5.15pm. You will need to register with Matt on 0417070129 as numbers are limited.

Gympie Diggers FC are looking for new and returning players for the 2015 Soccer Season.

Training days are Thursdays, starting 5th March, for players from Under 6 – Senior Men and Women. All levels and abilities are welcome to our family friendly club.

Soccer Sign on at www.myfootballclub.com.au or come to the soccer club house on Saturday 14th and 21st February.

P & C News

The P&C is an Organisation that is run by volunteers and cannot continue without them. Our next meeting is our Annual General Meeting on Monday 16th February at 3.15pm in the Prep room. It is a great opportunity to come along and join the P & C. At this meeting we will be discussing changing the day and time of our meetings. It is hoped that future meetings might be on Tuesday evenings at about 5.30 or 6.00 pm to try to allow for more people to attend. If you can’t make it to the AGM, but might be able to attend meetings at different times, please leave a message at the office and Phoebe, our current president will be in touch.

In an attempt to try to get the tuckshop up and running again this year, a meeting of those interested in volunteering in the tuckshop will be held on Monday 16 at 2.10 pm in the Principal’s office. This is just before the P and C AGM.

Smart Choices is all about supplying healthy food and drink choices to students in Queensland schools. School food and drink supply includes all situations where food and drink is supplied in the school environment: tuckshops, vending machines, school excursions, school camps, fundraising, classroom rewards, school events such as celebrations and sports days, and food used in curriculum activities. Reflecting the Australian Dietary Guidelines for Children and Adolescents and The Australian Guide to Healthy Eating, Smart Choices categorises foods and drinks into three groups:

GREEN – Have Plenty
Encourage and promote these foods and drinks in the school.

GREEN foods and drinks are drawn from the basic five food groups and are low in saturated fat, sugar and/or salt and rich in nutrients. These foods should feature prominently in the school environment. Foods and drinks that fit into the GREEN category include fruit, vegetables, wholegrain or high-fibre bread and cereals, cheese and yoghurt, lean meat, fish and poultry, eggs, nuts and water.

AMBER – Select Carefully
Do not let these foods and drinks dominate choices and avoid large serve sizes.

AMBER foods and drinks are mainly processed and have had some sugar, salt or fat added to them. These products should not dominate at the expense of healthier choices. A selection that consists mostly of AMBER foods and drinks will provide students with choices containing too many kilojoules at the expense of fresh choices.

RED - Occasional
Limit the availability of these foods and drinks to no more than two occasions per term.

The ‘occasional’ foods and drinks that make up the RED category are based on the ‘extra’ foods as defined in The Australian Guide to Healthy Eating. These foods and drinks should only be consumed occasionally because they lack adequate nutritional value, are high in saturated fat, and/or added sugar and/or salt, can contribute excess energy and can contribute to tooth decay and erosion.

Cooloola BMX
Sign ON
One Mile Oval Byron Street
15 Feb 2 – 4 pm
Morgan 0432248875
Congratulations to all our award winners

## Week 2 Awards

<table>
<thead>
<tr>
<th>Student</th>
<th>Class</th>
<th>Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ruby</td>
<td>Prep</td>
<td>For trying really hard to not call out and put your hand up to speak</td>
</tr>
<tr>
<td>Tyler</td>
<td>Prep</td>
<td>Being prepared in his learning</td>
</tr>
<tr>
<td>Jayden</td>
<td>1/2</td>
<td>For being a conscientious student who is always ready to learn.</td>
</tr>
<tr>
<td>Darbi</td>
<td>1/2</td>
<td>For being a kind and considerate class member.</td>
</tr>
<tr>
<td>Joalah and Leah</td>
<td>2/3</td>
<td>For being prepared for each lesson and ready to learn.</td>
</tr>
<tr>
<td>Shail</td>
<td>3/4</td>
<td>For being an enthusiastic writer</td>
</tr>
<tr>
<td>Ella</td>
<td>3/4</td>
<td>For working enthusiastically in reading groups</td>
</tr>
<tr>
<td>Emma</td>
<td>4/5/6</td>
<td>For being a great classroom buddy</td>
</tr>
<tr>
<td>Lily</td>
<td>6</td>
<td>Trying to the best of her academic ability</td>
</tr>
<tr>
<td>Harry</td>
<td>6</td>
<td>For working so well on new topics in maths :-)</td>
</tr>
<tr>
<td>Cheyne</td>
<td>9/10</td>
<td>For being safe, responsible and respectful</td>
</tr>
<tr>
<td>Joalah, Emma, Narissa, Tilly, Mariah</td>
<td>Various</td>
<td>Hi-fives</td>
</tr>
</tbody>
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